

Provider Notice

To: **All In-Network Mental Health Inpatient Providers**
From: **PerformCare**
Date: **11/29/2021**
Subject: **MH IP 21 101: MH IP Effective Discharge and After Care Planning**

This Provider Notice serves to provide communication on effective discharge planning and follow up after Mental Health Inpatient (MH IP). Providers should utilize the PerformCare Provider Directory on PerformCare's website as a resource to locate Mental Health Outpatient and Medication Management Providers located in the member's county/living area as part of effective discharge planning.

https://performcarepa.healthsparq.com/healthsparq/public/#/one/city=&state=&postalCode=&country=&insurerCode=PCPA_I&brandCode=PCPA&alphaPrefix=&bcbsaProductId=&productCode=&

In addition, PerformCare encourages MH IP providers to adopt the principles of the Re-Engineered Discharge (RED) protocol. The RED toolkit was originally developed by the Boston University Medical Center with support from the Agency for Healthcare Research and Quality (AHRQ), and this approach can be used with any population. Although RED was originally designed for physical health/medical hospitals, it can be successfully adapted for use by Mental Health Inpatient Hospital providers. Information about RED including the RED toolkit can be found here: <https://pa.performcare.org/providers/resources-information/red-toolkit.aspx>

Please contact your PerformCare Account Executive if you have any questions about this information.

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