

Provider Notice

To: PerformCare MH IP and OP Providers
From: PerformCare
Date: August 14, 2023
Subject: MH 23 106 MH IP and OP Coordination of Care for members with a SU diagnosis

Coordination of Care between Mental Health Inpatient Providers and a Member's identified Outpatient Providers is a crucial element of all discharge planning beginning at the time of a Member's admission. It is also important to address the coordination of substance use disorder diagnosis and treatment needs for members upon discharge from the mental health inpatient treatment.

It is crucial that all diagnoses, including substance use disorder diagnoses, are communicated to the follow-up provider for outpatient treatment. This information helps the outpatient provider assess and tailor the appropriate level of care needed for the Member's ongoing treatment, including substance use disorder treatment.

Please include substance use disorder diagnoses and any other relevant information in the discharge summary and forward them to the Member's outpatient provider as soon as possible. Doing so will help the outpatient provider to deliver continuity of care, identify and address any treatment gaps and reduce the risk of adverse outcomes.

Subsequently, it is essential for the Mental Health Outpatient provider to incorporate the substance use disorder diagnosis and treatment into the treatment plan and include the MH diagnosis as primary and the SU diagnosis as secondary when billing for services rendered following the identification of a substance use disorder diagnosis, even when this diagnosis is identified during a Mental Health Inpatient treatment. Substance use disorder is a complex condition that requires a comprehensive and integrated treatment approach. MH Providers should make referrals to SUD Providers when the co-occurring treatment needs require additional SUD treatment concurrent with MH. Failure to address the substance use disorder diagnosis upon discharge from inpatient treatment can lead to poor treatment outcomes and potential relapse. Therefore, it is essential that we work together to ensure that our Members receive the best possible care.

Please contact your account executive if you have questions about this notice.

cc: Lisa Hanzel, Executive Director, PerformCare
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PerformCare Account Executives